

Hebrews – A Better Way  
Anxious?  
Hebrews 4:1-11

**Intro**

A young boy was playing “cops and robbers” with his dad. “Bang” the young boy yelled and his dad fell to the ground.

In an “\_\_\_\_\_” society, God offers His people \_\_\_\_\_. (v1)

Philippians 4:6-7

God doesn't warn us about something without giving us \_\_\_\_\_. (v2-8)

Matthew 6:32-32 (NLT)

To experience God's rest, we must surrender our \_\_\_\_\_. (v9-11)

1 Peter 5:7

**Conclusion**

Are you tired?